

## Press kit FORESTIS

**At 1,800 metres and at eye level with the Dolomites UNESCO World Heritage Site lies South Tyrol's retreat FORESTIS with 62 suites and the almost 2,000m<sup>2</sup> FORESTIS Spa on the Ploseberg above Brixen.**

### **How it all began**

On 20 July 2020, the [FORESTIS](#) hideaway opened at 1,800 metres above sea level in Palmschoß on the Plose above Brixen. Surrounded by a dense mountain forest with views of the mountain massifs of the Dolomites UNESCO World Heritage Site and adjacent to the Puez-Geisler Nature Park, something grew up here that had already occupied the Austro-Hungarian Monarchy in 1912. At that time, they were looking for a special place of power in the mountains of South Tyrol to build a sanatorium and finally found what they were looking for in the dense forests of the Plose mountain.

The pure Plose spring water, the excellent mountain air, the mild climate and the above-average number of sunny days in the Plose area provided ideal conditions for regeneration and healing. The renowned architect Otto Wagner was commissioned to design a building that would be used for recreation in the future.

However, the outbreak of war and the associated turmoil prevented the original plans from being realised. The result was a house made of wood and natural stone with two side wings, where priests and clergy were able to relax until the 1950s. However, what began in 1913 as a major step towards tourism, modelled on the Swiss climatic health resorts of Davos and Leysin, was not realised. On the contrary, the village has retained its exclusivity to this day by remaining untouched by mass tourism.

In 2000, the South Tyrolean hotelier Alois Hinteregger discovered the house behind wild hedges during a walk in Palmschoß. Alois Hinteregger immediately sensed what was extraordinary about this place: 'From the way the building was constructed and what it radiated, I immediately realised that I had found something very special here.' A few years later, his family bought the building and opened it as a hotel in 2010.

### **FORESTIS - a refuge for relaxation and a place of strength for people from all over the world**

10 years later, in July 2020, a new chapter was written on the Plose. Alois Hinteregger's son Stefan and his wife Teresa opened the FORESTIS hideaway. Teresa and Stefan Hinteregger, who spent a lot of time abroad during their training and travelling, became even more aware of the uniqueness and beauty of their homeland, South Tyrol, and the village of Palmschoß in particular. The originality of the place, the impressive mountain world, the pure air and the

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climate, which is characterised by the meeting of warm southerly winds from the Mediterranean and cooler air masses from the north, as well as the Plose spring water, one of the purest and lightest waters in the world, make this place a place of power that can be felt, experienced and seen. The name FORESTIS was chosen accordingly. FORESTIS is made up of the Italian word 'Foresta' for forest and the Latin roots of the word. The hosts of the 5-star FORESTIS hideaway, Teresa and Stefan, want their guests from all over the world to enjoy the luxury of spending time surrounded by nature and experiencing unforgettable experiences and encounters.

## **Architecture - four elements are the pillars of the FORESTIS**

The clear water, the pure air, the many days of sunshine and the mild climate have formed the four pillars of the resort on the Plose since the beginning of the 20th century, and this also applies to the FORESTIS.

The South Tyrolean architect Armin Sader and the FORESTIS interior team have reinterpreted the traditional architecture and created a natural atmosphere throughout the hideaway by using regional materials.

The wooden façade of the historic building wing, which was built entirely from natural materials from the surrounding area, has been tanned by the weather and browned by the sun. Three sculptural suite towers, modelled on the shape of tree trunks and of varying heights, have been placed alongside the listed building, rising into the sky like trees and blending harmoniously into the forest landscape. The unusual and innovative architecture of the FORESTIS is unique in the European Alps and brings guests even closer to the natural spectacle of the Dolomites.

The historic building is connected to the three wooden towers by a partially underground passageway. The façade architecture of the towers also picks up on nature with wooden façades, reminiscent of tree trunks and bark. The vertical tower design takes up as little space as possible in the forest, and every tree that was felled was replaced by two new plantings. The horizontal structural elements were integrated with great restraint, so that their true expanse is only revealed on the inside.

The architecture is generally restrained and leaves the stage to the eye. From all the suites in the historic building and the suites and penthouses in the three towers, guests can see the imposing mountain massifs of the Dolomites and the terraced restaurant below the listed building also allows every guest an unobstructed view of nature and, in the evening, of the spectacular sunsets in the Dolomites. In summer, guests can enjoy the clear air and the impressive panorama on a spacious green area in front of the building ensemble.

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## Interior design - natural materials and the right light create a cosy atmosphere

The interior design and architecture juxtapose the four causal elements - spring water, fresh air, sunshine and a mild climate - with four natural materials. The spring water gets its purity from the rock through which it flows. Stone, dolomite, is a central material in FORESTIS. The chunks of dolomite that were removed during the construction work were ground into rock flour in a stone mill and then finely sieved. Mixed with water and clay, a soft and compact mass is created, which is applied wet with a spatula and then sealed with beeswax. The dolomite was used in this way in the restaurant, the spa, the pool, the bathrooms, the artistic elements and the four spring water fountains located in the restaurant, at reception, at the entrance and in the sauna area of the spa. The good air is represented by the transparency of glass. Glass emphasises the clarity of the air and brings nature into the building through floor-to-ceiling windows. Guests find themselves in the middle of the forest, at eye level with the monumental and colourful UNESCO World Heritage Site of the Dolomites.

The sun strengthens and warms, so natural, warm materials have been used that radiate cosiness. The mild climate favours the growth of lush natural landscapes of dense forests and extensive alpine meadows. This is why wood is traditionally the most frequently used natural material.

The walls and ceilings in the Tower and Penthouse suites are made of spruce. The spruce wood is untreated and left in its natural state. The scent and essential oils of the wood have a calming effect and create a cosy feeling. A local carpenter carefully selected the wood and made all the furnishings for the FORESTIS according to Armin Sader's designs.

The use of natural materials means that there is almost no need for decoration in the FORESTIS, as the materials create the atmosphere. The fabrics for cushions, sofas, armchairs, chairs and carpets come from a weaving mill in Trentino. These natural materials lend the suites and penthouses a character that reflects the tranquillity and constancy of nature. The furnishings are characterised by simple elegance - far removed from Alpine kitsch.

In the listed building, which is reminiscent of a large manor house, elements such as the wooden coffered ceilings and windows were not allowed to be changed. The wood of the façade also remained unchanged and tells the story of the building.

The Italian company Viabizzuno from Bologna has put all of this in the right light. Viabizzuno developed the lighting concept for FORESTIS. The imperceptible light sources put the materials centre stage with natural authenticity. Viabizzuno's lighting elements were selected to create an artistic yet very natural, warm atmosphere.

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## Suites

All FORESTIS [suites](#) embrace nature. Thanks to their south-facing orientation, they are bathed in sunshine all day long and offer guests sweeping views of the mountain massifs of the Dolomites, a UNESCO World Heritage Site. The natural materials of the interior design, light earthy colours and the clear style of the furnishings convey a feeling of relaxation in the midst of the surrounding nature.

### Suites in the historic house

The 20 suites in the historic building are 50 m<sup>2</sup> in size and have one or two bedrooms with a king-size box-spring bed and a walk-in wardrobe with safe. The separate living area is furnished with a cosy couch, desk and smart TV. The bathrooms each have a rain shower and a toilet with bidet. Unique: guests bathe or shower with the hotel's own spring water, the water quality of which is identical to that of the Plose spring water. A south-facing terrace with table and seating opens. The minibar in all FORESTIS suites is stocked with a selection of cabbage and mountain apple juices, which are produced with great passion in Ritten/South Tyrol, and Oberhöller chocolate from the Sarntal Valley in South Tyrol.

### Tower Suites

The 40 Tower Suites, which are spread across the three towers, are each 55 m<sup>2</sup> in size and have a bedroom with a king-size box-spring bed and floor-to-ceiling windows offering the best views of the UNESCO natural heritage of the Dolomites. The adjoining wardrobe is walk-in and equipped with a safe. The living area is furnished with a couch, armchair, coffee table, desk and a traditional South Tyrolean tiled stove, smart TV and minibar. The bathroom has a bathtub, a rain shower and a separate toilet with bidet. Here too, the hotel's own pure spring water flows through all the pipes. There are comfortable daybeds on the terraces of the suites.

### Sleeping under the starry sky

In summer, the daybeds in the Tower Suites can be set up for the night on request. Nights under the starry skies of South Tyrol are a special adventure and relaxation for body and soul.

## Penthouse Suites

In each of the two outer towers there is a two-storey 200 m<sup>2</sup> penthouse suite with a spacious living area with an open fireplace, a customised couch and a large dining table, smart TV and bar as well as a guest WC. The bedroom is furnished with a king-size box-spring bed and a walk-in wardrobe with safe. Thanks to a glass front that extends across the entire width of the bedroom, guests can also enjoy the most beautiful view of the Dolomites from their bed. The bathroom is equipped with a bathtub, a rain shower and a separate toilet with bidet. The spacious terrace with table and seating faces south. A staircase takes guests to the upper floor, where there is a pool (3 x 6.5 metres), a spruce wood sauna with a view of the Dolomites, sun loungers and a rain shower, from which fresh spring water flows.

## FORESTIS Villa

The [FORESTIS Villa](#) is a private retreat just a few metres from the Hideaway FORESTIS. Like the Hideaway's historic house, the villa was built according to plans of architect Otto Wagner. It was originally intended as a residence for the doctor of the planned sanatorium but was never used as such. In 2022, the owners of FORESTIS, Teresa and Stefan Hinteregger, decided to bring the villa back to life. The plans by South Tyrolean FORESTIS architect Armin Sader included monument protection and nature conservation to give the history of the house and the location the appreciation they deserve.

With its carved ornaments, large loggias, stone plinth and wooden façades, the villa is in the tradition of Alpine villa architecture influenced by European Art Nouveau. The extensive restoration work on the building, which had been unused for decades, was aimed at restoring its original character. In collaboration with conservationists and restorers from a wide range of trades, all the villa's structural elements, beams, floors, furniture, windows and doors were restored or faithfully recreated by hand in accordance with the production methods of the time, based on the villa's construction plans from the early 20th century. The bathrooms and spa complement the historic interior, with their linear design, high-quality materials and warm colours blending in with the villa's concept. Sunlight floods the villa from morning to night and the view of the UNESCO World Heritage Dolomites is breathtaking. The forest lies protectively behind the villa and provides clean air and a pleasant climate.

After careful restoration of the historic structure, the newly designed villa now serves as a private retreat for up to ten people. 1,200 m<sup>2</sup> of living space is spread over three floors and a spacious spa. On the ground floor there is a living room with fireplace, kitchen, breakfast room and dining room. On the first floor are the master bedroom with en-suite bathroom and dressing room, as well as two further bedrooms, each with its own bathroom, and one floor up there are two more bedrooms with their own bathrooms and a room with a private cinema. The stone cellar of the historic villa houses a wine and bacon cellar as well as a room for private celebrations.

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Like the FORESTIS spa, the villa's spa is also inspired by the natural teachings of the Celtic druids and features a spa suite for two, rain shower, sauna and steam bath, a relaxation room with fireplace, a large heated indoor-outdoor pool and a fitness room with Technogym equipment.

The villa can only be booked exclusively and offers guests complete privacy during their stay. Guests have a private chef and concierge at their disposal.

## Spa

The [FORESTIS Spa](#) extends over an area of 2,000 m<sup>2</sup> below the three towers and is spread over two floors with a view of the Dolomites, a UNESCO World Heritage Site. Guests from the listed building reach the spa via a direct connecting corridor, guests from the three towers reach the spa via a lift from the respective tower.

The reception and a 20 x 4.3 metre indoor pool, which is connected to a 22 x 5 metre outdoor pool, are located on the ground floor. There is also a brine steam bath (65°C), a Finnish sauna (85°C), a bio sauna (70°C), a textile sauna (Finnish sauna with 45°C) and an outdoor sauna (Finnish sauna with 90°C) in a traditional South Tyrolean wooden house. The Silent Room with a fireplace in the centre lives up to its name - here guests can enjoy the silence after their sauna session. The Tea Lounge with its own curated library is the second retreat. Eight own tea blends from South Tyrol and light snacks are served here.

On the first floor of the spa there are four treatment rooms, four 'private spas' for couples' treatments and two beauty parlours as well as relaxation rooms. There is also a fitness studio with state-of-the-art Technogym equipment of the latest generation and the spacious Wyda area, the European version of yoga. All rooms have natural light and an unobstructed view of nature.

## FORESTIS spa concept - FORESTIS tree circle

The pure spring water, the good mountain air, many hours of sunshine and the mild climate form the foundation of FORESTIS, which has its origins in nature. The Celts who settled in this area were already very close to nature and drew their knowledge of the human body from the teachings of nature. They felt a particularly close connection to the forest, which they made their teacher. The location of the FORESTIS at 1,800 metres in the middle of nature and surrounded by forests therefore allowed no other conclusion than to bring nature, and particularly the forest into the FORESTIS Spa. The FORESTIS treatments all follow the principle of the four indigenous trees: mountain pine, spruce, larch and Swiss stone pine. Each of these trees has different active ingredients, frequencies and materials that allow the human body to regenerate deeply. The treatments for the face and body are

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based on the FORESTIS tree circle developed by the FORESTIS spa team. Guests choose the type of tree that suits their current constitution. The sound frequencies of the respective tree generate vibrations which, in combination with healing woods and stones, release blockages and create harmony and physical activation.

There are several parallels between people and trees, which are brought together in the treatments. Like the human body, the tree also follows the seasons and various cycles. In summer, for example, an organism responds to different essences and points of contact than in winter. First and foremost, however, each person brings their own individual physical and mental state with them. The treatments are based on these parallels. They are tailored to the needs and preferences of everyone. No two treatments are the same.

Under the healing hands of the therapist, a profound fusion of time rhythm, energy flow, healing stones, healing woods and meridians is created, in turn harmonised with the respective seasons. The primary power behind these rituals develops from touching the various materials. The specially developed touch technique of the FORESTIS Spa, in combination with the products and frequency sounds, brings about profound regeneration and relaxation.

The specially developed FORESTIS face and body care line is used in every treatment. Its composition is also based on the teachings of the tree circle and incorporates fragrances and essences from the four elemental trees.

The sauna area was designed according to Northern European principles and promotes deep relaxation and recuperation, which is favoured by the climate, air and water. The natural wood of the saunas enhances the relaxation effect through the essential oils released by the heat.

Wyda, the yoga of the Celts, brings additional energy, flexibility and inner centring. The movement exercises and meditation go back to the Druids, the spiritual elite of the Celts. The Druids were characterised by old age and good health, which they owed to Wyda. Just as the Chinese practise Qi Gong and the Indians practise yoga, Wyda in traditional European medicine teaches the mind to calm, trains concentration and perception, releases blockages and harmonises the flow of energy. Wyda can be tailored to the individual needs of guests. Guests can also easily continue the exercises at home. When the weather is fine, Wyda takes place outdoors, otherwise in the spa's Wyda room with a view of the mountains.

## **FORESTIS product line**

Both the products that guests find in their suite - soap, shower gel, shampoo, conditioner, body lotion and bath salts - and the products used in the FORESTIS Spa have been specially

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developed for FORESTIS by the Trehs company in the Sarntal Valley in South Tyrol. The plant-based products are based on carefully developed recipes.

## Activities

Wyda, the Celtic theory of movement, aims to unite people with nature and leads to inner harmony and contentment via the path of mindfulness. At FORESTIS, Wyda takes place in good weather in the great outdoors in the forest, by streams or on mountain rocks.

Otherwise, the European style of yoga is offered in the FORESTIS Spa.

FORESTIS organises guided hikes of all levels of difficulty all year round. Hikes into the sunrise are particularly impressive. There are four bike trails on the Ploseberg, which primarily lead through extensive and dense forests. Sport becomes an intense nature experience here.

Thanks to its location at 1,800 metres above sea level, the FORESTIS offers a wide variety of outdoor activities. Ski-in/ski-out is the magic word that makes skiers' hearts beat faster. No nerve-wracking journey to the ski area - put on your ski boots, get on your skis and head straight from the FORESTIS ski room to the piste via a forest path. The 45 kilometres of pistes in the Plose ski area have a good balance of blue, red and black runs. There are also toboggan runs and winter hiking trails for non-skiers.

On request, the FORESTIS hiking guide will lead guests on snowshoes across frozen streams, snow-covered woodland and untouched snow fields through the Puez-Geisler Nature Park, which borders the FORESTIS. A ski tour from the FORESTIS to the Gabler followed by a descent southwards is one of the off-piste skiing experiences.

The Mediterranean lifestyle is characterised by the joy of enjoying life together. That's why the FORESTIS offers its guests the opportunity to learn more about forest cuisine from head chef Roland Lamprecht and take a cookery course under his guidance. Other topics offered in cookery courses are pasta preparation, bread baking, traditional South Tyrolean cuisine, pastries and desserts. There is also a visit to a herb farm and a wine tasting in the FORESTIS wine cellar.

## Restaurants

Below the historic house is the **'Restaurant'**, which has been laid out in terraces so that every table has an unobstructed view of the Dolomite mountain massifs. In summer, guests can also have breakfast on the adjoining terrace. Breakfast is served in the restaurant and guests can choose between the FORESTIS menu (7 courses) and the Detox menu (7 courses) or, of course, dine à la carte. The bar and the **'Garden Restaurant'** with a large terrace are in the listed building. Small fireplaces inside and outside create a particularly cosy atmosphere in the evening over an aperitif or digestif. The Mediterranean lifestyle is characterised by the

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joy of enjoying life together. This lightness and informality are reflected in the dishes and ambience of the Garden Restaurant, surrounded by meadows and mountain plants against the backdrop of the Dolomites. The constantly changing menu is based on the availability of fresh seasonal produce from the region and in the evening, guests can also choose from the FORESTIS menus. Dogs are welcome in the Garden Restaurant.

## **Show kitchen and wine cellar**

Adjacent to the Garden Restaurant, a door leads into the show kitchen, where cookery courses are held for interested guests. Between the bar and the Garden Restaurant, a few steps lead down to the wine cellar, in the centre of which is a massive high wooden table that seats 10 people. Wine tastings and private dinners are organised here for guests.

## **Bar**

Ingredients from the region also play a key role in the bar. Herbs, berries, nuts, bark, tree needles and shrubs from the surrounding forests lend a special flavour to the drinks, cocktails and mocktails. The kitchen always serves up a small culinary treat to match.

## **Culinary delights - Mediterranean cuisine meets Alpine ingredients**

The [cuisine at FORESTIS](#) bears the signature of Roland Lamprecht, whose passion is natural cuisine, which he likes to call 'forest cuisine'. Above all, he wants his guests to enjoy their meal and feel better after eating it. Roland was already interested in food and cooking as a child. The forest was his playground, and he discovered mushrooms, berries, herbs, nuts, flowers - simply everything the forest had to offer - with his mum. Together with her, he stood at the cooker, prepared spruce honey for the winter or marinated game with forest fruits. His final cookery project was about the mountain pine native to South Tyrol and its use in the kitchen.

The FORESTIS kitchen team will collect herbs and natural ingredients, especially in the summer months, which will be processed immediately for dishes or dried and pickled according to ancient tradition to offer FORESTIS guests the flavours of their homeland in the winter months too.

The produce comes from farmers in the neighbourhood who plant old vegetable varieties exclusively for the FORESTIS. Fruit, citrus fruits, fish, meat, sausage and ham, oils and dairy products are also sourced from selected farmers and suppliers from the surrounding area and throughout Italy. All types of bread are home-baked at FORESTIS and jams are cooked and preserved according to our own recipes. The honey is supplied by the neighbouring Mairhof farm.

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Chef Roland Lamprecht combines Mediterranean cuisine with Alpine ingredients. The ingredients from the forest have special properties that prevent many illnesses caused by poor nutrition. The menus are put together a new every day to be able to offer guests a variety of dishes. Although the dishes often have similar basic ingredients, they are always different.

## YERA

YERA is a restaurant in the middle of the forest, underground, in a cave: at [YERA](#), which means harvest, executive chef Roland Lamprecht takes his forest cuisine to a new, higher level. YERA is a return to the origins of food and dining culture, to old traditions and flavors that arose from a way of life in harmony with nature and the seasons. The ingredients come from the forest, the surrounding area, and the European Alpine ridge region. Much of the cooking is done over an open fire, around which up to 18 guests can sit at tree trunks that serve as tables. There is **one** menu, which is based on the respective season, and the drinks, whose alcohol content does not exceed 5%, are produced at YERA and matched to the dishes. YERA is open from Tuesday to Saturday and is not reserved exclusively for guests of FORESTIS.

## Sustainability

Sustainability is a mission and a matter close to the heart of FORESTIS and its people. Building materials such as stone, wood, fabric and glass are used not only because of their climate compatibility, but also because of their positive material properties and visual appeal. Wherever possible FORESTIS aimed to be a CO<sub>2</sub>-neutral construction. The wooden façade of the historic building is a listed building and was built using durable natural materials from the immediate surroundings such as (pine) wood and stones from the Ploseberg. The old South Tyrolean wooden ceilings and the staircase of the old house have been preserved and showcased. Surrounded by unspoilt nature, the wooden towers have grown upwards from the mountain forest to protect the ecology as much as possible. Felled trees were used for fences around the FORESTIS and for every tree felled, two new trees were planted. The stone walls in the outdoor area were built and the bathrooms were plastered from stone that was removed and crushed. The energy supply is provided by a separate plant and a pellet heating system or 100 % renewable energy. Artificial lighting in the garden is replaced by open fires wherever possible.

The products for the FORESTIS kitchen are carefully selected. Roland Lamprecht, who was born in South Tyrol, is head chef at FORESTIS and shows his love of his homeland and passion for natural cuisine in his choice of products. The focus here is on local produce from local suppliers and products from all over Italy. For Roland Lamprecht, clean eating means not only cooking healthy, fresh produce, but also being mindful of packaging waste, water

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pollution and food waste. With the FORESTIS food box, which is used again and again, the produce is delivered or collected from the farmer. The company has also planted its own garden with herbs, roots and edible flowers. Overall, FORESTIS works according to the no-waste principle.

Local materials are used throughout the interior design of the FORESTIS and contracts were awarded to South Tyrolean companies.

The spa products are made from 100% natural ingredients and the spa's own spring water, whose quality is identical to the well-known Plose spring water, is served in recycled pet refill bottles. The air on the Plose is characterised by a high oxygen content. Favoured by the mountain location and the direct connection to the forest, guests at the FORESTIS can enjoy this air quality. Exercise in the fresh air activates the circulation, improves blood flow and is good for body and soul.

At FORESTIS, sustainability is also a way of life for employees. Freshly prepared team meals, new and modern accommodation with views of the Dolomites or the forest, further training opportunities and work-life balance, i.e. a 5-day week and leisure activities with many benefits, are an important part of the concept.

All construction work also complied with the strict requirements and specifications of the Provincial Monuments Office in Bolzano.

## **The people behind FORESTIS**

Teresa and Stefan Hinteregger, owners and hosts, learnt the hotel business from the ground up. After studying at home and abroad and holding various professional positions in Italy and Switzerland, they were drawn back to South Tyrol. During their stays abroad, they gained a new perspective on their homeland and its uniqueness. With the FORESTIS, they now want to show people from all over the world this special place of power in Palmschoß on the Plose. The experience that the two of them have gained in various hotels and resorts around the world in the meantime has been put into practice at the FORESTIS. Together with their team, they place mindfulness towards people and nature at the centre of their work. With the FORESTIS, Teresa and Stefan are bringing the first 5-star hotel to the Eisack Valley region.

Roland Lamprecht, head chef at FORESTIS, loves his homeland of South Tyrol and everything that the local nature has to offer. Born in Brixen, he showed his love of cooking and ingredients from the forest as a young man. He completed his training as a chef in 2002 and earned his spurs in various establishments in South Tyrol, Germany and Switzerland, familiarising himself with Michelin-starred cuisine at the Hotel Bad Schörgau, Tantris in Munich and the Köhlerstube and Schwarzwaldstube restaurants in Baiersbronn. Nature, local farmers and selected suppliers from Italy find the key to his heart with their products. Roland

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likes to call his cuisine 'forest cuisine'; he finds many of the flavours of his homeland in the forest in the form of mushrooms, berries, herbs, bark and shrubs and preserves them so that he can use them all year round.

## The Plose

The Plose is not only home to one of the best and purest spring waters, which is drunk in the FORESTIS and gushes from all taps and shower heads, the Plose is also one of the most beautiful skiing and hiking areas in the Dolomites. Most of the ski area lies at over 2,000 metres above sea level and starts right on the FORESTIS guests' doorstep. The 360° panoramic view is one of the most impressive views in the European Alps. The pistes have a good balance of blue, red and black runs. There are also toboggan runs and winter hiking trails for non-skiers. In summer, guests can go hiking directly. The FORESTIS will also offer guided hiking and mountain tours. The spacious garden of the FORESTIS is the ideal place for deep relaxation and recreation in the midst of the most beautiful landscape and mountain world of South Tyrol.

## Location & arrival

Even the journey by car is an experience. From Bressanone/Brixen, a well-maintained road winds its way through the forests up to over 1,800 metres above sea level. The last bends open views of the Dolomites, a UNESCO World Heritage Site. It is here that the traveller becomes aware of the significance and power of the place. The last few metres of the mountain road, which is reserved for FORESTIS guests only, lead directly to the check-in area in front of the listed building. A member of staff will drive the car into the carport just a few metres away.

There is also a train connection from Germany to Brixen. The FORESTIS shuttle picks guests up from the railway station in Brixen and takes them to Palmschoß in 20 minutes.

Travelling by plane is possible via Verona, Innsbruck, Munich, Milan and Venice.

## For further information please visit

Homepage: <https://www.forestis.it/en>

Bookings via: +39 0472 521 008 or [reservation@forestis.it](mailto:reservation@forestis.it)

Partner: American Express Fine Hotels and Resorts, Small Luxury Hotels, Member of Serandipians, Member of Internova Select

## Starting rates at double occupancy:

Suite	€ 900,00   per night   incl breakfast   2 persons
Tower Suite	€ 1.100,00   per night   incl breakfast   2 persons
Penthouse Suite	€ 5.000,00   per night   incl breakfast   2 persons
Dinner	€ 125,00 per person   without beverages

High-resolution image material at: <https://www.forestis.it/de/presse/hd-bilder>

**Press contact**

Global Communication Experts GmbH

Claudia Dressler

Osterwaldstraße 10/ G19, 80805 München

T +49 89 2153793-82

M: +49 173 94444 23

claudia.dressler@gce-agency.com